

Renz Addiction Counseling Center 2019 Annual Report



LEAD summer program students

Serving the suburban Chicago areas of Kane and Cook Counties with offices in Elgin, St. Charles, and Streamwood.

Director's Letter

Dear Friends,

Renz Addiction Counseling Center is a community-based non-profit agency, and we think this "community-based" designation fits very well with our purpose and mission. We like the description because that's what we are, that's what we do, and in 2019, we reached out to the communities we serve more than we ever have in our 58 years of existence.

Let's start with our substance use disorder treatment. Jim Brunetti, LCPC, Renz Clinical Director, started recovery groups in our three offices in Elgin, St. Charles, and Streamwood and at our partner agency, Ecker Center for Mental Health. We provided groups in the Kane County Correctional Facility and at a local church. In addition, Jim and his staff provided Narcan training education (the antidote for opioid overdose) to clients, families, community organizations and first responders. Jim personally accompanied the Elgin Police Department on scores of visits to apartment buildings, area motels and homeless encampments where substance misuse is common.

Our prevention programming, including Alcohol, Tobacco and Other Drug (ATOD) Prevention and HIV Prevention Education programs have long been involved in community outreach. In 2019, we increased these services in the community by establishing an anti-vaping prevention and intervention program at a local high school and provided opioid prevention education at area schools and social service organizations. Our HIV Prevention programming continued extensive community outreach to high risk individuals in Elgin and many neighboring communities.

Community outreach is a hallmark of any effective social service agency, and in fiscal year 2019, Renz Center reached out and touched thousands of individuals by informing, educating, and intervening. Thank you for your past participation and please continue to support our ongoing efforts in making our communities healthier and safer.

Thank you,



Jerry Skogmo
Executive Director



FY 2019 Board Members

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2019 Community Funders

Renz Center is a non-profit 501(c)3 organization funded in part by:

City of Geneva 708 Board
City of St. Charles 708 Board
Elgin Township
Fox Valley United Way
Geneva Community Chest
Hanover Township Mental Health Board
Illinois Department of Human Services–
Division of Substance Use Prevention & Recovery
Illinois Department of Public Health
Illinois Public Health Association
Kane County Probation
Sheridan Correctional Facility
Substance Abuse Mental Health Services Administration
The Federal Government
U.S. Probation and Pretrial Service

Clinical Services

Clinical Services offers an array of programs to those who suffer from substance abuse and/or problem and compulsive gambling, as well as those who are affected by another's addiction. Committed to facilitate healthy behavior and lifestyle changes as well as emotional health to help families heal, experienced staff support each individual as they begin the process of recovery and a life of health and serenity. Individualized care is offered through a menu of services, including specialized groups, individual, and family sessions. We intervene at critical times and assist people in choosing a healthier life.

**Overdose Awareness
Candlelight Vigil at
Renz Center's Serenity
Pond brings awareness
to the opioid crisis.**



Overdose Awareness Candlelight Vigil 8-30-2018

New in FY 19:

Opioid Overdose Prevention Education expanded to provide community trainings in coordination with the Elgin Police Department, Kane County Health Department, Renz Center's Prevention Program and the Coalition for a Safe & Healthy Elgin. In addition, opioid overdose prevention has also expanded to include **follow up visits** with individuals who have recently been revived with Narcan to provide friends/family with Narcan, education, and knowledge of treatment services available.

Medication Assisted Treatment (MAT) Services were expanded to provide Suboxone for alcohol and opiate addiction. MAT services integrate various evidence-based counseling practices with medications to help reduce cravings so an individual can focus on positive change, abstinence, lifestyle changes and long-term recovery.

Renz client satisfaction surveys are distributed to clients each year to measure clients' assessment of timeliness of service and the effectiveness of the help they have received from Renz Center.

Highlights of FY 19 client feedback include:

- ⇒ 93% would refer a family member or friend to Renz Center for services
- ⇒ 94% of clients strongly agree that their counselor listened to them effectively (up 3% from last year)

Satisfaction Survey Client Comments:

- The individual counseling as well as the information classes and large groups have been extremely helpful, informative, and great support. I am grateful for having had the opportunity to receive help through the Renz Program and hope many more are given the opportunity to recover and remain sober with the help at Renz.
- The program has been awesome. I'm sober 2 years in March 2019
- Everyone here including others that are attend as well as those who are teaching are always nonjudgmental and make me always feel welcome and not awkward. Also, everything isn't always so serious, there is much needed and appropriate humor, which makes group more enjoyable and beneficial.
- The whole program has helped me in many ways, mentally, physically, and financially. I am very grateful for having sought your facility and staff for a better life. My gratitude will last forever, thanks again.
- It helps me see that I'm not alone

Alcohol, Tobacco & Other Drugs (ATOD) Services

Alcohol, Tobacco and Other Drug (ATOD) Prevention provided evidence-based curriculum programming and prevention activities within the city of Elgin and in the Burlington school district.

Prevention programming focuses on building students' positive decision-making skills, discussing stressful situations and coping mechanisms, sharing factual information of the negative consequences of underage alcohol/drug use, communicating with parents and providing resources, and measuring positive outcomes.

Too Good For Drugs Evidenced Based Curriculum from the Mendez Foundation

Middle and high school students who participated in the Too Good For Drugs program responded well to the curriculum that combines education and life-skills training to help prevent underage drinking and drug use and future substance use disorders. **From pre- and post-tests, students demonstrated an average 17% increase in knowledge.**



Photo courtesy of @GilFeliciano

LEAD youth outside Anderson Animal Shelter after volunteering.

The summer program, ***Leadership Empowerment And Development (LEAD)***, provided substance misuse and pregnancy prevention education to 40 school-aged youth, in addition to incorporating field trips and career exploration activities. In July, 15 teens were able to attend the Cebrin Goodman Teen Institute (CGTI), a week-long training at Eastern Illinois University to enhance their leadership skills and bring back a drug prevention education/communication campaign to their school during the next school year.

The Roy Rogers Legacy award is given annually to an individual who meets the following criteria: chooses to live a prevention lifestyle, encourages others to live a prevention lifestyle, has shown enthusiasm for the Institute, has the ability to connect with those individuals that are harder to reach, stands up for what they believe in, has self-confidence and is not afraid to be who they are; a true friend to everyone, truly cares and is concerned about other people, and has a great sense of humor.

LEAD Summer Camp participant, and Elgin resident, Sebastian Vasquez, winner of the Roy Rogers Legacy Award at the 2019 Cebrin Goodman Teen Institute Leadership Conference.



Prevention Services staff also worked in cooperation with members of the **Coalition for a Safe and Healthy Elgin (CSHE)** to provide programming

in Elgin and prevent underage drinking and drug misuse. Activities included an awareness campaign to remind adults it is illegal to buy alcohol for underage youth (bottle topper signs on liquor in local stores), red ribbon campaign, overdose awareness community education events, safe drug disposal campaign, and drug-free dances for middle school and high school youth.



Photo courtesy of @GilFeliciano

LEAD student putting bottle topper signs on alcohol to warn buyers not to purchase alcohol for minors.

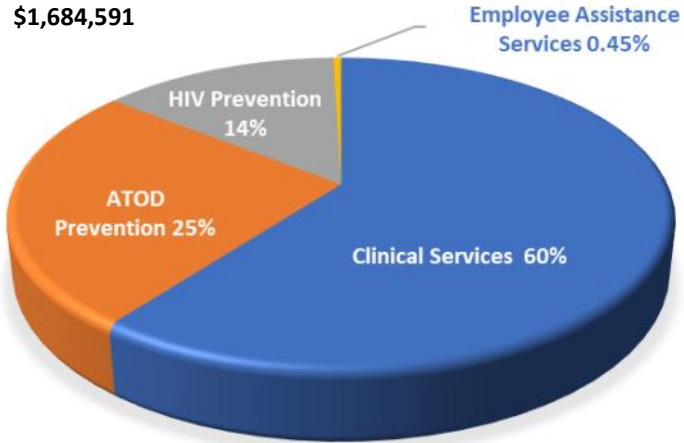
Prevention Specialists also participate in and support Carpentersville Community Coalition Cares (C4), which focuses on substance abuse prevention in Carpentersville.



FY 2019 Program Expenses and Income Sources

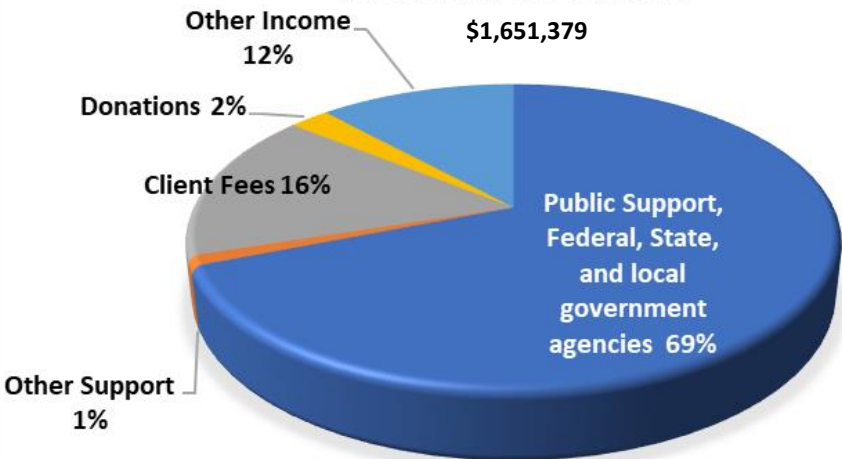
EXPENSES BY PROGRAM

\$1,684,591



INCOME SOURCES

\$1,651,379



HIV Prevention Services

HIV Prevention Services seeks to decrease the spread of sexually transmitted infections.

Highlights of the past year include:

- Targeted HIV counseling and testing.
- Testing for gonorrhea and chlamydia,
- Effective behavioral group intervention Healthy Relationships for HIV positive men of color,
- An educational group for at risk Latinx,
- Surveillance-based services in partnership with the Illinois Department of Public Health, which seeks to identify out of care HIV positive persons and link them to a primary medical care provider, offer medical adherence counseling and elicit partners who may be at risk of exposure.



Employee Assistance Services

Renz Center has an Employee Assistance Services (EAS) program that provides 24-hour behavioral health services to the employees/students of contracted organizations. EAS services help supervisors and employees mediate a work-related concern or help with a family crisis. These confidential services are provided by phone or in person by employee assistance licensed counselors, each with over 20 years of counseling experience.



Thank you to our generous donors . . .

Fiscal Year 2019

*07/01/2018 -
06/30/2019*



***Memorials were
given to honor the
memories of :***

**Evan Leturno
Matthew O'Neill
Todd Revez
Rachel Steiner**

Adam Hodgson
Advocate Sherman Hospital
Aileen Shaw
AKS Enterprise, Inc.
Al Cooney
Alfred Bersted Foundation,
Bank of America, N.A., Trustee
Allyson Lee
Anderson Graphic Services
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Deryl & Marlene Carter
Devon Seafood & Steak
Donald Adams
Donna Kruse
Dr. Eli & Melanie Horowitz
Dr. Paul Engen Dentistry
Dundee Hand Wash & Grill
Eddie Gaedel Pub and Grill
Edward Jones Investments
EFS Foundation
Elaine Betts

Elgin Community College Arts
Elgin Fresh Market
Elgin Junior Woman's Club
Elgin Mental Health Center
Elgin Police Department
Elgin Symphony Orchestra
Ellen Cooper
Family Service Association of
Greater Elgin
First Congregational Church
First Folio Theatre
Forever Yogurt
Frank & Colleen Koncilja
Fred Astaire Dance Studios
Garrett Matocha
Gary and Cindy Weber
Geneva Community Chest
Geri Lyn Dubay
Gilbert Feliciano
Glenn Okimoto
Gordon Flesch Company
Grand Victoria Foundation
Greg Pratt
Hanover Township Mental
Health Board
Harbor Shores On Lake Geneva
Harvey and Ethel Daeumer
Foundation
Hausner Foundation
Heinz Brothers Greenhouse
Inland Bank
Jaime Garcia
James & Darlene Coats
James McClung
James Pratt
James Sparks
James W. Ceithaml
Janet Jones
Jarveen Pearson
Jean Gaza
JEP Communications
Jerry & Mindy Skogmo

Jill Betterly	Michael & Betsy Penny	Scott Combs
Jim & Kathy Lamkin	Michael and Jane Studt	Scott MacDuff
Jim Brunetti	Michael Brown	Scott Vinish
Jim Clemmens	Michael & Sheila Walsh	Shawn Lowe
Jim Ptaszek	Nichols Insurance Agency	Shedd Aquarium
JoEllen Leturno	Nicor Gas	Sherry Totzke
Jonathan Skogmo	Nina Gallivan	Silvana Leung
Jolie Esposito	Northlight Theatre	Singles Roofing Company, Inc.
Judy Petit	Northwestern Medicine -	Sky High Sports
Kane County Cougars	Delnor Health & Fitness	Skydive Chicago
Karen & Dan Fox	Nuns4Fun Entertainment	Socks & Souls
Karen Beyer	Oriental Trading	St. Charles Bowl
Karl & Joanna Mueller	OtterBox	Stacey Griffith
Kathy Lamkin	PADS Of Elgin	Steve & Betty Rauschenberger
Katie Stauffer	Paisano's Pizza & Grill	Steve Tousey
Kevin Paul	Paramount Theatre	Steven and Laura Poss
Kimberlie Webster	Patricia Arroyo	Steven Martinak
Kings Island Theme Park	Patricia Sanderson	Steven Weiss
Kingston Mines	Patricia Weigand	Stockholm's
Kiwanis Club of Elgin	Patti Forker	Streamwood Oaks Golf Club
Lamp Inc.	Paul Engen	Susan Akins
Lana Bian	Peggy Harrison	Susan Witwicki
Lauderdale Electric	Phyllis O'Neill	Terri Lee
Laura Newman	Prairie Center for the Arts -	The Office
Laurel Warski	Village Of Schaumburg	Thomas Nash
Lauri Beu	Presence St. Joseph Hospital	Thomas Pierce
Lifeline Theatre	PRP Wine International Inc.	Tighe, Kress & Orr, P.C.
Linda Siete	Raquel Robelo	Tracy Johnson
Lindsay Yoelin	Raue Center For The Arts	Trader Joes
Little Home Church by the	Rauschenberger Partners,	Travis Solberg
Wayside	LLC	Unitarian Universalist Church of
Lois Renz	Ravinia	Elgin
Lora Tovar	Ricardo Gasca	Vasil Yancoff
Loyola University Performing	Richard & Doris Evers	Victoria Skyles
Arts Center	Robert & Chrissy Tighe	Village of Streamwood
Lynfred Winery	Roger Filip	Wendie Steinhour
Lysette Pullman	Ron & Barb Razowsky	Wendy Pospichal
Malnati Organization, Inc.	Ronald Barkby	William Homeier
Marcus Theaters Corporation	Ronna White	WonderWorks
Margaret Forster	Ross Stores	Yesenia Lopez
Marilyn Kuffel	Roxanna Lauderdale	YWCA of Elgin
Mark Gibson	Ruth and Larry Neppel	Zurich Foundation
Mark Hauser	Sam Josepher	
Marv & Marilyn Howe	Sam's Club	
Mary Pratt	Sandra Kaptain	
Medieval Times Dinner &	Santa's Village Azoosment	
Tournament	Park	
Meredith Havens	Scott & Helen Smith	
Metropolis Performing Arts	Scott Budd	
Mich Berbezat		



***Renz Addiction Counseling Center
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