



Renz Addiction Counseling Center

Empowering Individuals to Lead Healthier Lives
www.RenzCenter.org (847) 742-3545



1 in 4 children lives in a family that is impacted by parental addiction

Source: The National Association For Children of Addiction

Children of Alcoholics Awareness Week Celebrating Hope And Health For A Lifetime

Children of Alcoholics Awareness Week is a national campaign to raise awareness about the painful silence and offer hope to the vulnerable kids and teens who are impacted by parental addiction. With addiction now a national health epidemic, and communities across the country struggling with ever-increasing drug overdoses, the impact on children today is

staggering.

For Parents Who Need Help, Treatment Is Available

Renz Addiction Counseling Center has several substance use disorder treatment programs to help adults begin the recovery journey. Services include:



- *Outpatient and Intensive Outpatient Treatment with special focus on relapse prevention, stress management, dual diagnosis issues, irresponsible/responsible thinking, expressive arts, and parenting issues

- *Medication-Assisted Treatment

- *Positive Waves using Alpha-Stim to help treat depression, anxiety, pain and insomnia that is often associated with substance use disorder

- *Passage Program For Women, including FREE childcare

- *SMART Recovery groups

For more on Renz Center treatment programs, visit RenzCenter.org or call (847) 742-3545.



Alfred Bersted Foundation Awards Renz Center

Renz Center was awarded \$20,000 from the Alfred Bersted Foundation, Bank of America, N.A., Trustee, in support of general operating to help provide substance use and compulsive problem gambling treatment and prevention education services.

"The Alfred Bersted Foundation continues to be a valued community partner, and we appreciate the support the foundation has placed on substance use disorder treatment and prevention education," said Renz Center's Executive Director Jerry Skogmo. "Programs like our Opioid Overdose Prevention Education, Medication-Assisted Treatment, and Positive Waves using Alpha-Stim devices can continue with foundation support, in addition to being able to add a fourth SMART Recovery location to now also include Ecker Center For Mental Health in Elgin."

For more information, visit RenzCenter.org.

Bidding For Good Online Auction



Set For February 4-18

Renz Center is offering an assortment of gift cards and tickets on Bidding For Good. Great deals can be found on such items as Walt Disney World and Ravinia tickets, to Medieval Times and 2019 Kane County Cougars game passes. Registration is required to bid. Visit BiddingForGood to learn more.



Thanks Blain's Farm & Fleet!

Through the generosity of Blain's Farm and Fleet in Elgin, children with parents in treatment this past holiday season received enough toys to fill their stockings and more.



SMART Recovery Now In Three Locations

SMART Recovery is a support group that emphasizes self-empowerment and uses a four point program to address all types of addictive behaviors, including:

- Building and maintaining motivation
- Coping with urges
- Managing thoughts, feels and behaviors
- Living a balanced life

SMART Recovery is now in three convenient locations:

Mondays, 6-7 p.m. - FREE!
Hanover Township Resource Center
1534 Burgundy Pkwy, Streamwood

Wednesdays, 6-7 p.m. - FREE!
409 Illinois Ave, #1A, St. Charles

Thursdays, 6-7 p.m. - FREE!
2 Amercain Way, Elgin
Only open to Renz Center clients and alumni

Starting March 4th, SMART Recovery will also meet on Mondays, 4-5 p.m., at Ecker Center For Mental Health located at 1845 Grandstand Place, Elgin. This will also be free, and open to the public.

For more information, visit RenzCenter.org.



Join Jim Friends! Meets the second Thursday of the month in Elgin.

[VISIT OUR WEBSITE](http://RenzCenter.org)

Thank you for being a supporter of Renz Center. Whether you are an area professional who informs and refers potential clients or you are a generous donor, we appreciate the partnership in keeping our communities healthy and safe.

Sincerely,



Deb Howe, Director of Marketing & Fund Development
Renz Addiction Counseling Center

Renz Center is a non-profit organization funding in part by the federal government, Fox Valley United Way, the Illinois Department of Human Services, and other local community organizations. To find out more about Renz Center's programs, call (847) 742-3545 or visit RenzCenter.org

