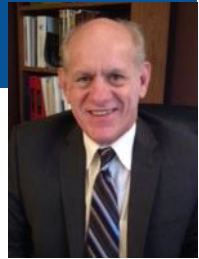


# Renz Addiction Counseling Center

## 2018 Annual Report



## Director's Letter



Dear Friends,

Fiscal year 2018 was a challenging year in many respects. Reduced and delayed payment from contracts with the state of Illinois, lower numbers of outpatient drug court referrals because of an overall decline in local judicial resources, and a rapid change in funding for substance use disorder treatments all contributed to a trying environment. Still, Renz Center flourished in several important areas: The Coalition for a Safe & Healthy Elgin (CSHE), expanded its reach significantly under the leadership of CSHE Coordinator Gil Feliciano, with an assist from Ricardo Gasca, Alcohol, Tobacco & Other Drug (ATOD) coordinator. CSHE held successful events throughout the year including Red Ribbon Week, Snowball and Snowflake events, “bottleneck toppers” and working with the City of Elgin to influence legislation. All of these efforts were designed to decrease substance use among youth. Lifesaving opioid overdose prevention trainings held by our clinical team and CSHE, reached scores of individuals and families. In addition, many families and friends participated in National Overdose Awareness Day at our candlelight vigil for those who were affected by a fatal overdose.

Our prevention education services provided curriculum based services for more than 1,000 students at Larkin, South Elgin and Burlington High Schools during the 2017/18 school year. Renz Center staff also ran successful prevention programming for HIV education and our outpatient program provided more psychiatric and Medication Assisted Treatment than in past years and these efforts are expected to increase in 2019.

Significant steps were accomplished in our efforts to merge with Ecker Center for Mental Health and in early FY 2019, the merger was officially announced. We expect positive changes to occur in 2019 and look forward to preserving Renz Center as a true community resource for the prevention and treatment of addictive disorders and factors associated with addiction.

Thank you,

A handwritten signature in black ink, appearing to read "Jerry Skogmo". The signature is fluid and cursive, with a long horizontal stroke extending to the right.

Jerry Skogmo  
Executive Director

## FY 2018 Board Members

**Brian Monson, President**  
**Sherry Totzke, Vice President**  
**Greg Pratt, Treasurer**  
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**Donna Kruse**  
**James Lamkin**  
**Claudia Martinez-Carter**  
**Laura Newman**  
**Katy Potts**  
**Linda Siete**  
**Bhopal Singh**



We remembered Jack  
Shales and his contributions  
to Renz Center  
“Thanks Jack!”

## Community Funders

***Renz Center is a non-profit 501(c)3  
organization funded in part by:***

City of Geneva 708 Board  
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Elgin Township  
Fox Valley United Way  
Geneva Community Chest  
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Illinois Department of Human Services–  
Division of Substance Use Prevention & Recovery  
Illinois Department of Public Health  
Illinois Public Health Association  
Kane County Probation & Second Chance Program  
Sheridan Correctional Facility  
Substance Abuse Mental Health Services Administration  
The Federal Government  
U.S. Probation and Pretrial Service

## Clinical Services

**Clinical Services** offers an array of programs to those who suffer from substance abuse and/or problem and compulsive gambling, as well as those who are affected by another's addiction. Committed to facilitate healthy behavior and lifestyle changes as well as emotional health to help families heal, experienced staff support each individual as they begin the process of recovery and a life of health and serenity. Individualized care is offered through a menu of services, including specialized groups, individual, and family sessions. We intervene at critical times and assist people in choosing a healthier life.

### **New in FY 18:**

***Opioid Overdose Prevention Education*** services were initiated to provide information to those who use opioids, family and friends of opioid users and non-profit organizations serving at-risk clients. Each training session provided each participant with a Naloxone medication kit to use in the event of an overdose.

***Medication Assisted Treatment (MAT)*** Services began for alcohol and opiate addiction in February of 2017. MAT services integrate various evidence-based counseling practices with medications to help reduce cravings so an individual can focus on positive change, abstinence, lifestyle changes and long-term recovery. Currently we utilize Antabuse, Campral, Naltrexone and Vivitrol in our MAT program.

***Positive Waves Program*** - To help alleviate pain, anxiety, depression and insomnia often associated with addiction, Renz Center now offers a Positive Waves Group using Alpha-Stim devices. Alpha-Stim is a small handheld device which uses cranial electrotherapy stimulation to safely and effectively treat pain, anxiety, depression, and insomnia. When combined with traditional therapy (individual counselling and support groups), the Positive Waves Group supports long-term recovery.

## Alumni Client Quotes:

*"I like coming to Jim's Friends because it's supportive and fun!" — Barb*

*"I like Jim's Friends because it feels like family." — Deb*

*"Attending Jim's Friends helps me build great friendships." — Joy*



### **Goodbye to Colleen and Patti**

Director of Clinical Services , Colleen Koncilja, and Patti Anderson, part-time counselor both retired from the agency this year. Colleen and Patti had each worked at Renz Center for 25 and 28 years

respectively, dedicating their careers to helping others start their recovery journey. We thank them for their dedicated service and wish them the very best!

Renz client satisfaction surveys are distributed to clients each year to measure clients' assessment of timeliness of service to the effectiveness of the help they have received from Renz Center. Highlights of FY 18 client feedback include:

95% would refer a family member or friend to Renz Center for services  
91% of clients strongly agree that their counselor listened to them effectively (up 4% from last year)

Jim's Friends alumni group celebrate their 3rd anniversary of the group.





## Alcohol, Tobacco & Other Drugs (ATOD) Services

Alcohol, Tobacco and Other Drug, ATOD, Prevention provided evidence-based curriculum programming within the Burlington and Elgin school districts in addition to outreach prevention education to the community.

Prevention programming focuses on building students' positive decision-making skills, discussing stressful situations and coping mechanisms, sharing factual information of the negative consequences of underage alcohol/drug use, communicating with parents and providing resources, and measuring positive outcomes.

### **TND** *Project Towards No Drug Abuse*

Larkin High School students who participated in the Project Toward No Drug Abuse program responded well to the curriculum that combines education and life-skills training to help prevent underage drinking and drug abuse. **From pre- and post-tests, students demonstrated an average 32% increase in knowledge.**



Photos courtesy of @GilFeleciano

LEAD youth practicing their interpersonal skills with an ice breaker game at the beginning of the LEAD Summer Program.

The summer program, ***Leadership Empowerment And Development (LEAD)***, provided substance abuse and pregnancy prevention education to 48 school-aged youth in addition to incorporating field trips and career exploration activities. In July, 30 teens were able to attend the Cebirin Goodman Teen Institute (CGTI), a week-long training at Eastern Illinois University to enhance their leadership skills and bring back a drug prevention education/communication campaign to their school during the 2017/2018 year.



LEAD Summer Program youth visiting the Museum

Prevention Services staff also worked in cooperation with members of the **Coalition for a Safe and Healthy Elgin (CSHE)** to provide programming in Elgin and prevent underage drinking and other risky behaviors that prevent youth from reaching their full potential. Among others, activities included an awareness campaign to remind adults it is illegal to buy alcohol for underage youth (bottle topper signs on liquor in local stores) and safe drug free dances for middle school youth in February/April and for high school youth in December and March.



CSHE President Keith Goins, putting “bottleneck” messages on alcohol reminding adults not to purchase alcohol for minors.

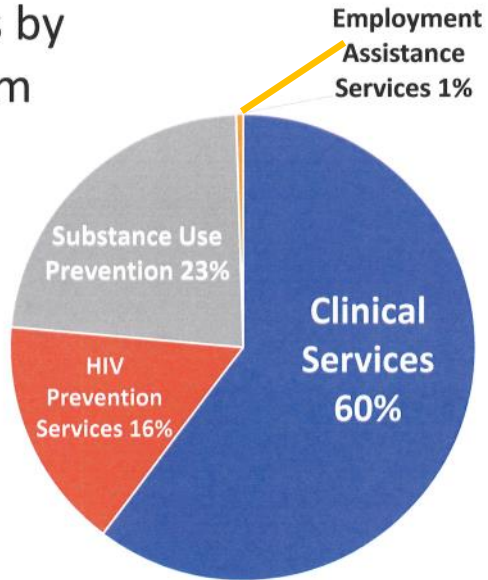
Photos courtesy of @GilFeleciano



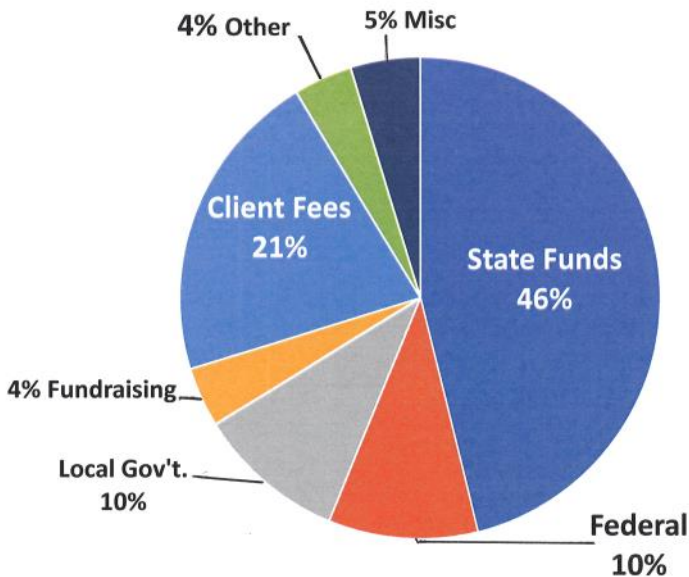
Prevention Specialists also participate in and support Carpentersville Community Coalition Cares (C4), which focuses on substance abuse prevention in Carpentersville.

# FY 2018 Program Costs and Support

## Expenses by Program



## Income Sources





# HIV Prevention Services

HIV Prevention Services include prevention education and community outreach including support groups.

Highlights of the past year include:

- Targeted HIV testing and risk-reduction counseling.
- Surveillance-based services to link out of care HIV positive persons into primary health care, conduct risk reduction counseling and elicit partners for both testing and pre-exposure prophylaxis (or *PrEP*).
- Support and educational groups for both HIV positive and negative Latino Men and Latino Transgenders.
- Held three parent and teen conferences to improve parent-teen communication and increasing healthy lifestyle choices. Mother/Daughter Conferences were held in Elgin and Carpentersville at local high schools and a Father/Son conference met at Dundee-Crown High School. The conferences are designed to increase communication skills around the subject of dating, substance use disorder prevention, HIV and sexually transmitted infections.



**Employee  
Assistance  
Services**



Renz Center has an Employee Assistance Services (EAS) program that provides 24-hour behavioral health services to the employees/students of the contracted organizations. EAS services help supervisors and employees mediate a work related concern or help with a family crisis. These confidential services are provided by phone or in person by employee assistance counselors, each with over 20 years of counseling experience.

# Thank you to our generous donors . . .

## **Fiscal Year 2018**

07/01/2017 -

06/30/2018



*Memorials were  
given to honor the  
memories of :*

**Tom Gannon**

**Evan Leturno**

**Matthew O'Neill**

Robert Adam  
Adelle's Fine American  
Fare  
Advocate Sherman  
Hospital  
AKS Enterprise, Inc.  
Alfred Bersted  
Foundation  
Al's Café and Creamery  
AMC South Barrington  
Bonnie Anderson  
Danielle Anderson  
Ann Sather  
Archie & Nina Humphrey  
Patricia Arroyo  
Athenaeum Theatre  
Christine Awe  
Kathleen Bailey  
Mich Berbezat  
Bartlett Park District

Joy Beach  
Tom & Lori Berke  
Jill Betterly  
Karen Beyer  
Bowlero  
Randy & Carol Brittain  
Brittain's Express Oil & Lube  
Betty Brown  
Brunch Cafe  
Scott Budd  
Cafe Roma  
Joffrey Ballet  
Carpentersville Police Dept.  
Deryl & Marlene Carter  
James Ceithaml  
Chianti's  
Chicago Bears  
Chicago Botanic Gardens  
Chicago Cubs  
Chicago White Sox  
Chicago Wolves Pro Hockey  
Chicago Zoological Society/  
Brookfield Zoo  
City of Elgin  
City of Elgin Parks &  
Recreation Department  
City of St. Charles  
Classic Cinemas/Cinema 12  
James & Darlene Coats  
Jerico Collins  
Yvette Collins  
Comfort Inn Geneva  
Community Foundation Of  
The Fox River Valley  
Coopers Hawk Winery &  
Restaurant  
Peggy Cordts  
Corkill Insurance  
Costco Wholesale –  
Schaumburg  
Costco Wholesale—St.  
Charles  
Country House Restaurant  
Paul & Roxanne Curtis  
Linda Deering Dean  
Door County Kayak Tours  
DSM Desotech Inc.  
East Troy Electric Railroad

EFS Foundation  
Elgin Community College  
Arts Center  
Elgin Paper Co.  
Elgin Township  
Patricia Elliot  
Dr. Paul Engen Dentistry  
Paul Engen  
Epic Air Trampoline Park  
Richard & Doris Evers  
Family Service Association  
of Greater Elgin  
Farmers Insurance-Mark  
Hauser  
Gil Feliciano  
John & Robin Ficht  
First Congregational United  
Church Of Christ  
Carla Flammini  
Margaret Forster  
Karen & Dan Fox  
Frank Lloyd Wright Homes  
& Tour  
Susan Gallivan  
Nina Gallivan  
John and Mary Gannon  
Dennis Gannon  
Jaime Garcia  
Ricardo Gasca  
Geneva Community Chest  
Georgio's Chicago Pizzeria  
& Pub  
Mark Gibson  
Dina Giurdanella  
Cheri Goll  
Frank Gotthard  
Graham's Fine Chocolates  
Grand Victoria Casino  
Grand Victoria Foundation  
Grumpy Goat Tavern  
HAMCO, Inc.  
Bob Hansen  
Kendra Harbeck  
Harbor Shores On Lake  
Geneva  
Harvey and Ethel Daeumer  
Foundation  
Mark Hauser  
Hawk's View Golf Club  
Jack Hein

William Homeier  
 Elizabeth Howard  
 Deb Howe  
 Marv & Marilyn Howe  
 Stephanie Howe  
 Illinois Railway Museum  
 Improv Comedy Club  
 International House Of Pancakes  
 Rick & Sharon Jakle  
 JEP Communications  
 Tracy Johnson  
 Janet Jones  
 Kennedy Space Center  
 Kings Island Theme Park  
 Kingston Mines  
 Frank & Colleen Koncilja  
 Donna Kruse  
 Lake Geneva Cruise Line  
 Annette Lamkin  
 Jim & Kathy Lamkin  
 Lamp Inc.  
 Laser Quest  
 Lauderdale Electric  
 Laugh Out Loud Theater  
 Lazarus House  
 Lettuce Entertain You, Inc.  
 JoEllen Leturno  
 Lifeline Theatre  
 Little Home Church by the Wayside  
 Tony Livernois  
 Lori Lodge  
 Loyola University Performing Arts Center  
 Michael & Joyce Lueth  
 Dawn Lutz  
 Scott MacDuff  
 Maggiano's Little Italy  
 Magic Waters Waterpark  
 Karen Maki  
 Manning Silverman & Company  
 David Marcinkiewicz  
 Marcus Center For The Performing Arts  
 Jill Martin  
 Claudia Martinez-Carter  
 Mary-Kay Mathis  
 Ian Mayer-Marszalek  
 Mayslake Peabody Estate  
 MB Financial  
 James McClung  
 Paul McCurtain

W & Kathy McFarlane  
 Metropolis Performing Arts Centre  
 Brian Monson  
 Karl & Joanna Mueller  
 Mueller & Company  
 Thomas Nash  
 Ruth and Larry Neppel  
 Laura Newman  
 Nichols Insurance Agency  
 Teresa Noles-Puccio  
 Northwestern Medicine - Delnor Health & Fitness  
 Vincent & Patricia O'Brien  
 Old Town School of Folk Music  
 Phyllis O'Neill  
 Barbara Pachmayer  
 PADS of Elgin  
 Paintball Explosion  
 Paramount Theatre  
 Michael & Betsy Penny  
 Angelina Peralez  
 Judy Petit  
 Cindy & Steve Petschke  
 George & Elizabeth Phelan  
 Pinstripes At The Arboretum  
 Alan Polse  
 Popeye's On Lake Geneva  
 Poplar Creek Bowl  
 Port Edward Restaurant  
 Steven & Laura Poss  
 Katy Potts  
 Rick & Bonnie Poulton  
 Prairie Center for the Arts  
 Village Of Schaumburg  
 James Pratt  
 Greg Pratt  
 Presence St. Joseph Hospital  
 PRP Wine International Inc.  
 Lysette Pullman  
 R Church  
 Steve Rauschenberger  
 Ravinia  
 Ray's Family Restaurant  
 Ron & Barb Razowsky  
 Jessica Reed  
 Renaissance Schaumburg Convention Center Hotel  
 Lois Renz  
 Sam's Club

Santa's Village Azoosment Park  
 Schaumburg Park District  
 Karen Schrader  
 SciTech Hands On Museum  
 Seasons 52  
 Marlene Shales  
 Navy Pier  
 Shedd Aquarium  
 Linda Siete  
 Silver Beach Pizza  
 Bhopal Singh  
 Singles Roofing Company  
 Six Flags Great America  
 Jeff Skogmo  
 Jonathan Skogmo  
 Michael Skogmo  
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 Sky High Sports  
 Ada Slagis  
 Scott & Helen Zindell  
 Spirels Yogurt Delites  
 Katie Stauffer  
 Steel Beam Theatre  
 W. Herbert & Mary Stith  
 Sycamore Speedway  
 The Literacy Connection  
 The Richardson Farm Zip Line Tower  
 Myralee Thompson  
 Robert & Chrissy Tighe  
 Timeline Theatre Company  
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 Sherry Totzke  
 Lora Tovar  
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 Turf Room Restaurant  
 Villa Verone Ristorante Italiano  
 Village of Streamwood  
 Mike & Sheila Walsh  
 Walt Disney World  
 Regina Weber  
 Gary & Cindy Weber  
 Michael & Deborah Wendt  
 Stanley & Susan Wisniewski  
 Susan Witwicki  
 Yankee Stadium Tours  
 YWCA of Elgin  
 Zanies Comedy Nite Club  
 Peter & Kristin Zimmerman  
 Stuart Zindell  
 Zurich Foundation

Renz Center  
1 American Way, Elgin, IL 60120



**Renz Center's mission is to empower  
individuals to lead healthier lives.**

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