

Connecting for



Healthier Lives

2014 Annual Report



**Renz
Addiction
Counseling
Center**



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Connecting for Healthier Lives

CONNECTIONS. CONNECTIONS HAVE the ability to make organizations and people stronger. Renzi Center has been developing relationships with other organizations to strengthen our agency programs and, in turn, stronger programs yield better outcomes for our clients. As a compliment to the substance abuse or problem gambling treatment we offer, we encourage those establishing their recovery to reach out to others, make connections to support groups and develop a network of positive people in their life who are aware and supportive of their goals. Likewise, Renzi Center has been developing connections in the community as we expand services to meet the growing and complex needs of the people we serve.

This past fiscal year, in cooperation with School District U-46, we expanded substance abuse prevention education services to include an evidence-based curriculum at Elgin and Larkin High Schools for incoming freshman students. The students responded well, and that program continues to increase student awareness about the realities of drugs and alcohol use. We also completed a five year federally funded program to provide comprehensive substance abuse treatment to the homeless population. This project was highly successful resulting in increased abstinence for participants and improved working relationships with our collaborative partners: Community Crisis Center, Ecker Center for Mental Health, Greater Elgin Family Care Center, Lazarus House, and PADS of Elgin. Another collaborative grant which began this fiscal year, Sisters Unite in Preventing and Protecting Ourselves by Recovering Together (SUPPORT), utilizes our relationships with Breaking Free, Community Crisis Center and VNA Healthcare to eliminate barriers to comprehensive substance abuse services for minority women throughout Kane County and beyond.

Most of our programs involve a connection within the community, whether they are with other social service agencies, school districts, healthcare providers or government programs. Our services, and the relationships with these other community organizations, increase the efficiency and effectiveness of those services while enhancing the quality of life for residents in our community. Renzi Center is proud to be providing services in Elgin and the surrounding area for 53 years...and looks forward to future connections to benefit our clients and the community.



Jerry Skogmo
Executive Director



Clinical Services

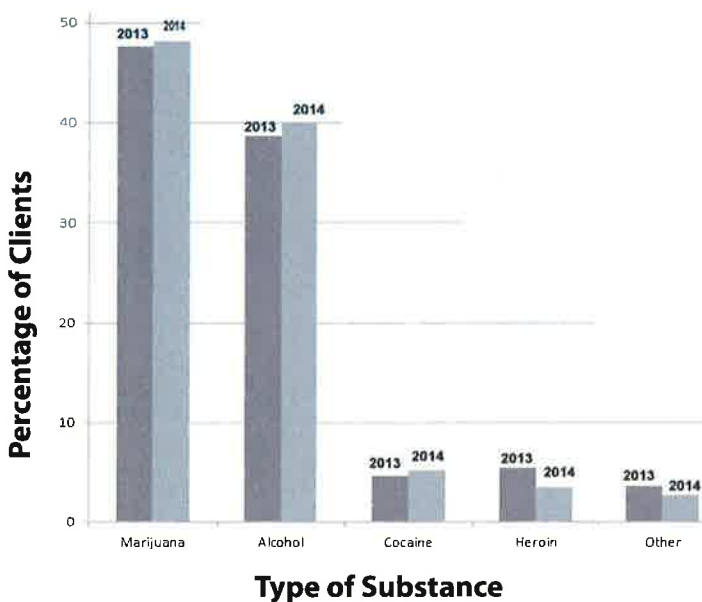
CLINICAL SERVICES OFFERS an array of programs to those who suffer from substance abuse and/or problem and compulsive gambling, as well as those who are affected by another's addiction. Committed to facilitate behavior change and help families heal, experienced staff support each individual as they begin the process of recovery and a life of health and serenity. Individualized care is offered through a menu of services, including specialized groups, individual, and family sessions.

1,192 individuals received substance abuse and/or problem gambling treatment. In addition, 258 of these clients received individual HIV counseling and testing sessions to promote wellness.

Renz Center's five year grant from the Substance Abuse Mental Health Administration (SAMHSA) to serve the homeless substance abusing population ended in 2014. Outcome data from the Community Homeless Integration Program (CHIP) program were impressive, indicating there was a decrease in substance use over the project period. The data also concluded participants increased employment and/or enrollment in school by 74%, abstinence increased by 32%. Renz Center is grateful for the collaborative partners that included Lazarus House, Community Crisis Center, Greater Elgin Family Care Center and Ecker Center for Mental Health, and continue to work with these agencies that are vital to the people and communities we serve.

This past year Renz Center clinicians helped many people understand how their substance abuse or dependency and/or compulsive gambling have hurt their families, friends, and themselves. We have intervened at critical times and have assisted people in choosing a better life. Families were changed, healing began, and lives were saved because of our vital work.

Primarily Used Substances



Renz client satisfaction surveys are distributed to clients each year to measure clients' assessment of timeliness of service to the effectiveness of the help they have received from Renz Center. Highlights of client feedback include:

- 98% of clients felt they were scheduled for an assessment appointment within a reasonable time frame.
- 89% of clients said their treatment plan was helpful in gaining coping skills.
- 96% of clients said their treatment plan helped them gain knowledge about alcohol and drug abuse.
- 90% of clients said individual counseling was helpful.

CHIP program was a success! Client outcomes demonstrate effectiveness of comprehensive substance abuse treatment.

Upon discharge:

- Number of individuals employed or enrolled in school increased by 74.5%.
- Number of clients with abstinence increased by 32.3%.
- 100% of clients agreed or strongly agreed that they were comfortable sharing problems with their counselors.
- 85% of clients agreed or strongly agreed that group counseling was helpful.
- 100% agreed or strongly agreed that appointments were scheduled in a timely fashion.



HIV Prevention Services

EARLY DETECTION OF HIV can prolong the duration and quality of life. Renz Center's HIV Prevention Services team reaches out into the suburban Chicago area and collar counties to prevent the spread of the HIV virus and other sexually transmitted diseases. Our services not only include free testing for HIV and other sexually transmitted diseases for those at risk, but also supportive services to educate and empower Latino men to develop safe sex practices and lead healthier lives. In all HIV programs we provided outreach and program services to more than 1,500 individuals.

Hermanos de Luna y Sol provided counseling and testing outreach services to 275 men and provided support group services to 50 Latinos this year. Program presentation topics included: understanding HIV/AIDS, immigration issues, depression, healthcare law, how to stay healthy and being well.

Mujer (Women's) program provided HIV counseling/testing, risk-reduction counseling and outreach to 765 Latinas, and provided education prevention to 159 Hispanic women.

Staff facilitated three OASIS weekend retreats (education and support for living with HIV) for HIV positive Latino gay men.

Staff conducted 5 Cultural Competency Trainings to other Illinois HIV prevention providers to increase their ability to reach out into the community and provide HIV services in a culturally sensitive manner.

Spotlight on Jane

JANE CAME TO Renz Center as a 29 year old single female seeking outpatient treatment after completing detox at a local hospital. Her children were not allowed to live with her as a result of past alcohol abuse. Jane developed painful health complications from her drinking and to add to her physical health problems she also experienced anxiety for which she was taking Xanax. When she tried to stop drinking her anxiety increased. When she tried to reduce the Xanax she was taking for her anxiety, her drinking increased. To reunite with her children and break the cycle of pain and drug/alcohol use, Jane entered into intensive outpatient treatment at Renz Center.

She had the support from family members who brought her to treatment, and quickly developed insight as to why her drinking helped her initially cope with her health problems. She understood that she could not continue that pattern if she was to be a healthy single mother. Through individual and group counseling at Renz Center, Jane worked on her communication and coping skills. She also enrolled in online classes through Elgin Community College, worked on the relationship with her mother by attending a yoga class once a week, and joined a book club through her church. By the end of her treatment, Jane's children are living back at home with her, she is involved in a church-based support group, and has learned how to better communicate, balance her life and deal with everyday stressors.



Employee Assistance Services (EAS)

EAS CONTINUES TO provide timely and a personalized behavioral health services to the employees or students of contracted organizations. Last year we provided individual services to 56 individuals. This specialized 24-hour professional counseling service responds to individual and/or supervisor concerns. Services may also include group training sessions developed to meet the unique needs of the organization.

For more on Employee Assistance Services, call **Jerry Skogmo** at **847-742-3545 x232** or visit www.employeeassistanceservices.com



Financial Information

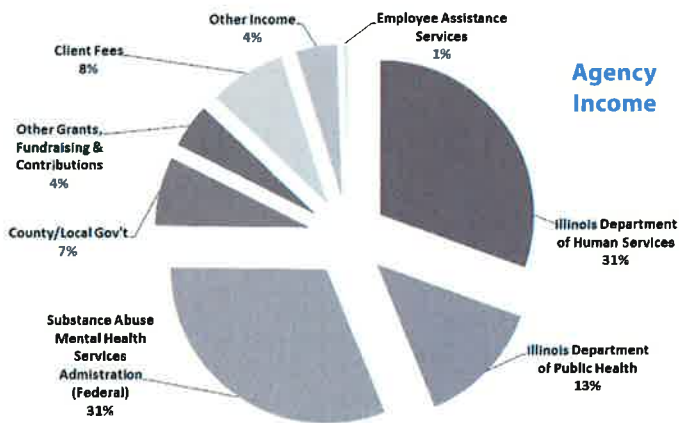
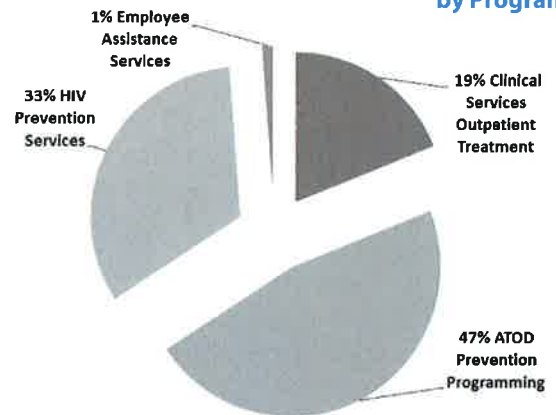
2014 Expenses

Clinical Services	\$1,660,300
ATOD Prevention	\$224,278
HIV Prevention	\$420,041
Employee Assistance Services	\$6,651
Supporting Services Management & General	\$348,144
Total	\$2,659,414

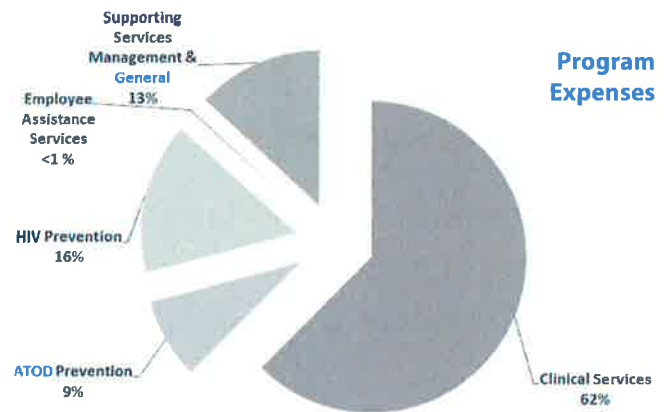
2014 Income

IDHS	\$831,735
State IDPH	\$362,710
Federal	\$855,918
County/Local Gov't	\$198,066
Other Grants, Fundraising & Contributions	\$126,209
Client Fees	\$219,783
Other Income	\$117,681
EAS	\$13,744
Total	\$2,725,846

People Served by Program



Agency Income



Program Expenses



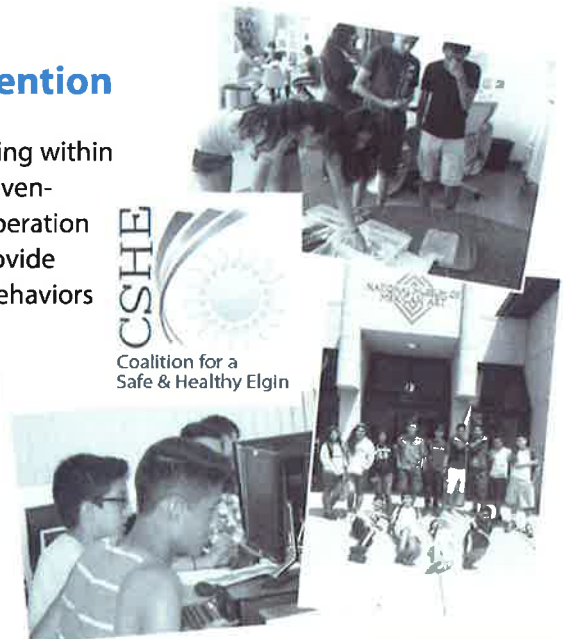
Program Information Cont.

Alcohol, Tobacco and Other Drug (ATOD) Prevention

ATOD PREVENTION PROVIDES evidence-based curriculum programming within the Carpentersville and Elgin school districts in addition to outreach prevention education to the community. Prevention Services staff work in cooperation with members of the Coalition for a Safe and Healthy Elgin (CSHE) to provide programming in Elgin and prevent underage drinking and other risky behaviors that prevent youth from reaching their full potential.

The Too Good for Drugs curriculum was implemented to 842 Lakewood Elementary (6th grade) and Carpentersville Middle School (7th grade) students to address risk factors as well as develop protective factors such as emotional literacy, decision-making skills, and peer pressure refusal strategies.

The Project Towards No Drug Abuse curriculum was provided to 932 freshman students at Larkin High and Elgin High Schools in Elgin.



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"Epic" Epicurean Delight Fundraiser



RENZ CENTER'S 6TH annual Epicurean Delight fundraiser on October 19th, 2013, was an epic success raising nearly \$20,000 more than ever before! The intimate event was held at the Elgin Community College Culinary Arts Spartan Terrace restaurant. Rick Jakle, of WRMN and Fox Valley Broadcasting emceed the event that featured honored Celebrity Chefs: retired Kane County Judge Allen Anderson, Streamwood Police Chief James Keegan and Elgin Police Chief Jeff Swoboda. All the Celebrity Chefs spent time hovering over their cooking stations helping the ECC student chefs prepare the sliced beef, mash potatoes, crab and crawfish cake with remoulade sauce, grilled bratwurst bites, ECC's garden sauerkraut and dijon mustard, red velvet cupcakes and cream puffs with raspberry coulis.

Laura Newman accepted the Julie McCormack award for her work toward the capital campaign pro bono legal work during her first tenure as a Renz board member.

The donations from the event supported our alcohol/drug prevention education programs for youth and treatment programs for adolescents and adults. We appreciate all the support we receive from our guests, annual donors of the event, and our sponsors that include Tighe Kress & Orr P.C., Advocated Sherman Hospital, American Chartered Bank, First Community Bank, STC Capital Bank, IHC Construction Companies, Hausner Foundation, Park & Longstreet, P.C., Corkill Insurance, Hargrave Builders, and Smiles for Life Dental.



Program Information Cont.



Alcohol, Tobacco and Other Drug (ATOD) Prevention

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The interactive program is designed to increase knowledge and reduce negative risk-taking behaviors. Students discuss many topics related to healthy life skills including; decision-making and communication, chemical dependency and the family, bullying, stress management, goals, self-control, and tobacco cessation.

The Coalition, with members representing different sectors of the community, were responsible for different activities throughout the year, including Red Ribbon (drug prevention) school activities in October, Alcohol Awareness school activities in April, Parent Universities at Elgin High School (3 events) and Larsen Middle School, the Three Wisemen celebration at Gail Borden Library (incorporates substance abuse prevention activities with youth during the event), and The Cebrin Goodman Teen Institute (CGTI) week-long training in Charleston, IL, to enhance the leadership skills of 40 Elgin teens who bring back a drug prevention education/communication campaign to their school the following year. In addition to hundreds of youth served in these outreach activities more than 250 adults, mostly parents, were also reached through these outreach events.

Coalition for a Safe & Healthy Elgin (CSHE) Board Members:

Aloune Khotisene, CSHE President
YWCA

Charla Waxman, CSHE Vice-President
Rosecrance

Elisa Lara, CSHE Treasurer
VNA Healthcare

Katelyn Regan, CSHE Secretary
Renz Center

Ricardo Gasca, Coalition Coordinator
Renz Center

Sousie Jenkins
Kane County Juvenile Probation

Chris Troiola
Elgin Police Department

Frank Trost
Elgin Police Department

Angel Pedraza
Boys & Girls Club

Randal Ellison
U-46 Safety Coordinator

Denise Tracy
Coalition for Elgin Religious Leaders

Danielle Henson
Gail Borden Public Library

Patricia Arroyo
Presence St. Joseph's Hospital

Jose Gutierrez
Community Member



We appreciate the participation in our annual events and the generous donations made on behalf of Renz Center. Each donor has a special way of making a difference for the agency and the people we serve.

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City of St. Charles
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Jill Falls
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First Folio Theatre
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NAIFA Fox Valley
Ilene Newfield
Steve & Laura Newman
Robert Nichols
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Alan Orosz
PADS Of Elgin
Patricia Page
Paramount Theatre
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Michael & Betsy Penny
(In honor of Jim Lamkin)
George & Elizabeth Phelan
Prairie Center for the Arts
Presence St. Joseph Hospital
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Tighe, Kress & Orr, P.C.
Timeline Theatre Company
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Village of Streamwood
Mike & Sheila Walsh
Walt Disney World
Cameron Waterworth
Barbara Weiner
Wendy Withers (In memory of Judge Dan B. Withers, Jr.)
Sharon Witkowski
Susan Witwicki
Derek Wright
Xtreme Trampolines
J. Brick VanDerSnick
Zanies Comedy Nite Club
Zurich Foundation

We make every attempt to ensure accuracy in our donor list. Please contact the office at 847-742-3545 x236 if we have missed or misspelled your name. List represents donations received during our fiscal year, July 1, 2013 - June 30, 2014.



Elgin Outpatient & Passage Program

Two American Way, Elgin, IL 60120

(847) 742-3545 TDD: (847) 742-0242
 Fax: (847) 742-3559 (Outpatient)
 Fax: (847) 697-6583 (Passage)

St. Charles Outpatient

409 Illinois Avenue, St. Charles, IL 60174
 (630) 513-6886 Fax: (630) 513-6892

Streamwood Outpatient


1535 Burgundy Parkway, Streamwood, IL 60107
 (630) 837-6445 Fax: (630) 837-7184

Prevention Office, Administration & Employee Assistance Services

One American Way, Elgin, IL 60120
 (847) 742-3545 Fax: (847) 697-5583 (Admin. & EAS)
 (847) 697-2719 (Prevention Office)

Program services are funded in part by the Department of Human Services, Department of Substance Abuse with pregnant and women with children receiving priority service. www.RenzCenter.org

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Mission
 Empower individuals to lead healthier lives.

Value Statements

The following value statements are incorporated into the daily work of Renz Center and the guiding principles behind the board and staff leadership.

Supportive - With compassion and encouragement, empower individuals to achieve positive healthy lifestyles.

Outcome Driven - Regularly assess agency evidence-based outcomes to ensure quality and innovative services that promote positive and healthy change.

Effective - Implement proven and quality methods of care resulting in improved health, self-empowerment and continual maintenance of healthy behavior.

Integrity - Consistent and transparent actions, values, methods, measures, principles and expectations for the best outcomes.

Professionalism - Provide excellent services in an optimistic, conscientious and respectful manner.

- City of Geneva 708 Board
- City of St. Charles 708 Board
- Cook County Department of Public Health
- Elgin Township
- Geneva Community Chest
- Hanover Township Mental Health 708 Board
- Illinois Department of Human Services - Community Health & Prevention
- Illinois Department of Human Services - Division of Alcohol & Substance Abuse
- Illinois Department of Public Health
- Illinois Public Health Association
- Kane County Probation & Second Chance Program
- School District #300
- Sheridan Correctional Facility
- Substance Abuse and Mental Health Services Administration
- U.S. Probation and Pretrial Service
- United Way of Central Kane County

Renz Center is a non-profit 501(c)(3) organization funded in part by:

2014 Funding Sources

